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Newsletter: Week 5 Term 4 – 12th November 2019

A PBL SCHOOL - Positive Behaviour for Learning - we value





RESPONSIBILITY	SAFETY	RESPECT
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Week 5 Term 4 2019				
Mon 11th Nov	P&C Meeting 6.00pm Library			
Thurs 14th Nov	 Big Bash Cricket 2/3/4 - Deni Rams Oval Year 6-7 Sports Day-Memorial Park 			
Fri 15th Nov	Big Bash Cricket 5/6-Deni Rams OvalKinder Transition - 9.30am-2pmP&C Mini Fete-3pm-5pm			
Week 6 Term 4 2019				
Tues 19th Nov	Otits Media Screening			
Thurs 21st Nov	 Bully Zero-Parent Information even- ing 6.30pm in the 5/6KS classroom. 			
Fri 22nd Nov	AssemblyKinder Transition—9.30am-2pm			
Week 7 Term 4 2019				
Mon 25th Nov	Intensive Swimming-12.20-1pm			
Tues 26th Nov	Intensive Swimming-12.20-1pm			
Wed 27th Nov	Intensive Swimming-12.20-1pm			
Thurs 28th Nov	Intensive Swimming-12.20-1pm			
Fri 29th Nov	Intensive Swimming-12.20-1pmKinder Transition 9.30am-2pm			
Sun 1st Dec	Stage 3 Excursion-Sydney			

Principal's Update

Dear Parents/Caregivers,

Mini Fete

Everyone is looking forward to our school Mini Fete which is being held this Friday afternoon from 3pm – 5pm. Our P&C is running the fete and we are looking forward to seeing everyone there. P & C are continuing to receive donations and would very much appreciate any parent helpers. Please drop in any donations at our school office and/or let our school office know if you are able to help on one of the stalls. It looks like being a great afternoon with lots of fun activities for everyone as well as a barbecue.

Activities include: Animal Nursery, Face painting, Snow Cones, Lob-a-Choc, Hair spray, tattoos, nail polish, Mystery Bottles, Lucky Dips and Cupcake Decorating.

Zero Bully

We have managed to engage the services of a company to run their Zero Bully Program for our students, parents and staff. This will be delivered on **Thursday, 21st November**. Students will be taught anti-bullying strategies in class in the lead up to the day. Stage 2 & 3 will also be discussing Cyberbullying. There will be a **free** parent/carer (adult only) session from 6:30pm until 8pm for 1½ hours on the Thursday evening. This is a very important issue that we all need to know more about. I would encourage all parents to attend. For more information please go to https://bullyzero.org.au

Stage 2 Borambola Excursion

Year 3 and 4 students had a fun time at the Borambola Sport and Recreation Centre in week 3. Students participated in a range of new and challenging experiences, building on their skills of team work, resilience and perseverance. Activities enjoyed by the students were Rock Wall Climbing, Low Ropes, Kayaking, Circus Skills, Fencing, Archery and the very popular Mud Run.



Year 6 Transition

Year "6-7 Sports Day" is happening this Thursday, 14th Nov. at Memorial Park. Students will come to school as normal and will travel to and from Memorial Park via bus. Year 6 students have received a note regarding this activity.

Big Bash Cricket

Big Bash Cricket is on this week at Rams oval. Years 2, 3, and 4 on Thursday and Years 5 and 6 on Friday. Students who have indicated they want to attend have all received notes.

Rideathon

Last Wednesday saw us enjoying the annual school Rideathon. The focus for this day is Bike Safety and Awareness with talks, activities and "The Ride". Students enjoyed talks from Vince Kelly, David McPherson, John Trist and Deniliquin High School Great Vic Team prior to their ride around the school. Senior Constable Epsworth was also here to cheer us on as we rode and was impressed with the students' bike safety skills.



Otitis Media Screening

Thank you to the students that have returned their forms. Screening will be held on **Tuesday the 19**th of November for hearing and otitis media screening check for Aboriginal students. Please return permission notes to school office as soon as possible.

PBL Awards

William Blenkiron, Billy Hurst, Ronnie Owen, Jye Graham, Seb Hammond, Mason Durbidge, Nate Profitt, Bryce Johnson, Sara Carter, Ella Clark, Jacinta Moloney, Darcy Finn, Josh Goodear, Mason Durbidge, Mia Chavez, Tori Johnson, Hazel Glowrey, Ben Mildren, Aneeka Kirby, Eliza Buckley, Erica Hayes, Allungah Bright, Summer King, Isaiah Heikkinen, Bella Leetham, Georgia Daniels, Catie Michael, Gwen Gazzara, William Finn, Jeffrey Grady, Meg Meharry, Nina Glowrey, Logan Pasco and Narida Miller.

Intensive Swimming Program

The NSW Department of Education Intensive Swimming program begins in Week 7 on Monday 25th November and will run for 10 days. Notes have gone home today.

All students in **Years 2,3 & 4** will be participating and selected students in Years 5 and 6. Students will be walking to and from the pool under the supervision of accompanying teachers. There will be no cost involved. Please return the permission slip to the office as soon as possible.

Edward Awards Assembly 08,11,19

Ranbir Singh Rylee Jacobsen Thomas Ives Catherine Michael Isabella Goodear Isabella Jones Jeffrey Grady Mannix Taylor Oliver Ives William Green Alysha Collier Trevor Quor Joshua Goodear Harlen Durbidge Reece King Laura Hayes Jye Graham Isla Ho William Finn Jaxson Ives Taj McCully Violet McMahon Braelie Wesierski Darcy Finn Miley McCully Nina Glowrey Erica Hayes Harper Taylor Eliza Buckley	Year 2 Kinder Year 4 Year 4 Kinder Kinder Kinder Kinder Kinder Year 2 Year 6 Year 1 Year 1 Year 1 Year 5 Year 6 Year 1 Year 1 Year 1 Year 1 Year 2 Year 1 Year 2 Year 6 Year 2 Year 5 Year 2 Year 5 Year 5	Bronze 1 Bronze 2 Bronze 3 Bronze 4 Bronze 4 Bronze 4 Bronze 4 Silver 1 Silver 3 Silver 3 Silver 3 Silver 4 Gold 1 Gold 1 Gold 1 Gold 2 Gold 2 Gold 2 Gold 3 Gold 3 Gold 3 Gold 3 Gold 3 Gold 3 Gold 4 Gold 1 No 2 Gold 2 No. 2 Gold 2 No. 2
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Our Riverina Reps had their group photo today along with all the other representatives in the Deniliquin District.



Parents Online Payments (POP)

If you can help on a stall, give your name to the office.

Just a reminder, it is possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac.

Payments can be made using either Visa or Mastercard credit or debit card, and can be made via computer, tablet or mobile phone.

Payments can be made by accessing Edward School's website, then by selecting <u>\$ Make a payment</u> on the home page.

http://www.edward-p.schools.nsw.edu.au

Items that can be paid include school fees, excursions, sport, sales to students and creative and practical arts activities. **Uniforms cannot** be paid for online as they run under the P&C umbrella. There is also a category 'Other' this is to cover items not covered in the previous headings.

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PARENT INFORMATION

Evening - Thursday 21st November 2019

What is bullying?

Bullying is when an individual or group uses its power and strength to repeatedly, deliberately and intentionally use words or actions against another or a group that hurts, threatens, excludes, harasses, humiliates verbally, physically, psychologically or electronically making the victim feel oppressed, traumatized and powerless

What is cyberbullying?

Sending abusive texts, stalking, making threats, abusive emails, posting unkind messages or inappropriate images on sites, intimidating and deliberately excluding others online.

What bullying is not

- Disliking someone.
- Bad moods/ arguments/ being "bossy".
- Accidental or once off incidents physical harm.

\$100

starcash

fuel card

- Telling a joke about someone once.
- Not playing with someone or choosing different people/ groups to play with. WS

Traditional Bullying

- · Can find a safe space or escape.
- · Limited to onlookers.
- Bully can be identified.
- Can see facial and body reaction. of target and onlookers.

Cyberbullying

- · 24 hours a day. 7 days a week, 365 days a
- No safe space- hard to escape
- · Shared by a wide audience, can go viral in a matter of seconds.
- Bully can be anonymous
- · Harder to empathize with the target.

Indigenous

painted

lamp

- No geographical limitations.
- · The target can easily become the bully.

Cyberbullying
As a parent learn the language, play the games, research the apps they use, role model
positive behaviour but don't ban devices.

SCHOOL RAFFLE

Encourage your children to:

Be critical thinkers.

Have empathy for others.

Respect themselves and those around them.

Take responsibility for their actions.

Be resilient.

Remove technology from the bedroom. Talk about being safe online.

HELP AND RESOURCES

If you are experiencing violence or threats of violence, immediately report the incident to police.

All emergency and life-threatening incidents call TRIPLE ZERO 000

The Office of the eSafety Commissioner 1800 880 176

www.esafety.gov.au

Kids Helpline 1800 551 800

www.kidshelpline.com.au

Lifeline

13 11 14

www.lifeline.org.au

eHeadspace

1800 650 890

www.eheadspace.org.au

Beyondblue 1300 224 636

www.beyondblue.org.au

Lawstuff

www.lawstuff.org.au

BULLY ZERO™ www.bullyzero.org.au Bullying, No Way!

www.bullyingnoway.gov.au

Think U Know www.thinkuknow.org.au

Common Sense Media www.commonsensemedia.org

PARENTAL CONTROLS

Internet service providers e.g. Telstra, Optus,

Dodo, TPG

Family Zone

www.familvzone.com/au

Net Nanny

www.netnanny.com

OurPact (free app)

www.ourpact.com

Life360 (free app) www.life360.com

Want to make an impact? Support BULLY ZERO™ by sponsoring our education programs across Australia, visit our website for more information. [03] 9094 3718 - www.bullyzero.org.au



Information Sessions for Parents, Carers and interested professionals EDWARD PUBLIC



Supporting Children and Young People in Drought Impacted Communities

Loss at any time in life can be challenging. At Good Grief, we develop and support a range of evidence-based loss and grief education programs that help children, young people and adults to understand their experience and attend well to their grief following major loss

The drought brings many changes and losses for children, young people and families in the Murrumbidgee community and more broadly. Concerns are often raised about the impacts and how we may best support children and young people.

- 1. What is the impact of prolonged drought for wellbeing of children and young people?
- 2. What are normal and natural reactions for children and young people?
- 3. How can I best support the children and young people in my care?

ATTENDEES WILL HAVE THE OPPORTUNITY TO LEARN ABOUT

- 1. Children and young people's reactions following significant life events;
- 2. The Seasons for Growth approach to understanding and supporting children and young people following significant life experiences:
- 3. Practical strategies to support children and young people;
- 4. Caring for yourself;
- 5. Questions and answers, networking.

VENUE: RSL Club, 72 End St, Deniliquin NSW, 2710 DATE: 13 November 2019, 5.30 - 7.30pm

Good Grief will also provide training to enable professionals working in schools and community organisations to facilitate the Seasons for Growth Children and Young People's small group program with children and young people. Seasons for Growth provides a safe learning environment for children and young people where they can give voice to their experiences, understand their feelings, learn skills to adapt and recognise 'I'm not the only one'

FOR MORE INFORMATION on Seasons for Growth, visit www.goodgrief.org.au

This initiative is funded by from Murrumbidgee Primary Health Network through the Australian Government's PHN Program and Empowering Communities program. If you are interested in attending the session, please email karen.muir@goodgrief.org.au

SUBJECT HEADER: DENILIQUIN INFORMATION SESSION

CONTACT NO

EMAIL













Stage 2 Excursion - Borambola



Rideathon

